



# For a Healthy Start into Life

## The „Netzwerk Gesunde Kinder“ (Healthy Kids Network) An Offer to all Families

The birth of your child involves many changes. As a family you are experiencing joy and happiness, are meeting new challenges and are having many questions on everyday life issues.

*The “Netzwerk Gesunde Kinder” is by your side.*

**Caring visits** · get support from volunteer family mentors in issues dealing with your child’s healthy development

**Interesting courses and events** · first aid for babies and toddlers, healthy eating, accident prevention and many other topics

**Nearby** · bundling of offers and consulting at your place

**Contact to other families** · parent-child meetings, breastfeeding café and toddler group in a relaxed atmosphere

**Free** · for interested pregnant women and families with children aged up to 3 years

Are you interested in the “Netzwerk Gesunde Kinder”?  
Contact us – we are looking forward to hearing from you!

[www.netzwerk-gesunde-kinder.de](http://www.netzwerk-gesunde-kinder.de)

